


Port Jervis City School District
February 2017
Elementary Lunch Menu

All Meals Include ½ cup Fresh or Canned Fruit and ½ pint of 1% Milk or Fat-Free Chocolate, Strawberry or Vanilla Milk and 1 serving of Whole Grain Breads/Grains

Breakfast Served Daily Choice of Cereal WW Bagel or Cereal & Graham Crackers; or Yogurt & Cereal or Breakfast Sandwich With ½ cup 100% Juice, ½ cup Fruit, 8 oz. Milk		1 Nacho Chips & Taco Meat Shredded Cheese. Romaine & Tomato ½ c Brown Rice ½ cup Black Beans <i>Hot Alt: Hamburger/Bun</i> <i>Cold Alt: Turkey on WW Roll</i>	2 Chicken Wrap ½ c Oven Fries ½ cup Baked Beans <i>Hot Alt: 3x5 Pizza</i> <i>Cold Alt: Turkey on WW Roll</i> 	3 Pizzeria Style Cheese Pizza 1 cup Romaine Salad ½ cup Carrots <i>Hot Alt: Chicken /Bun</i> <i>Cold Alt: Ham & Cheese /WW</i>
6 Hamburger or Cheeseburger WW Bun ½ c Oven Fries ½ cup Baked Beans <i>Hot Alt: 3x5 Pizza</i> <i>Cold Alt: Tuna & Cheese Sand.</i>	7 French Toast Sticks or Mini Pancakes/Sausage 1 cup Romaine Salad ½ c Oven Fries <i>Hot Alt: Grilled Cheese WW</i> <i>Cold Alt: Ham & Cheese /WW</i>	8 Chicken Nuggets/ WW Roll ½ c Sweet Potatoes Fries ½ c Broccoli <i>Hot Alt: Hamburger/Bun</i> <i>Cold Alt: Turkey on WW Roll</i>	9 Pizzeria Style Cheese Pizza or Pepperoni Pizza 1 cup Romaine Salad ½ cup Carrots <i>Hot Alt: Hot Dog on Bun</i> <i>Cold Alt: Yogurt & Cheese</i>	10 Chicken & Gravy Bowl (1/2 c Whipped Potato, ½ c Corn) WW Bread <i>Hot Alt: Grilled Cheese</i> <i>Cold Alt: Bologna & Cheese</i>
13 Chicken Alfredo with Penne. WW Garlic Bread ½ cup Carrots <i>Hot Alt: 3x5 Pizza</i> <i>Cold Alt: It Combo WW Hero</i>	14 Nacho Chips & Taco Meat Shredded Cheese. Romaine & Tomato ½ c Brown Rice ½ cup Black Beans <i>Hot Alt: Hamburger/Bun</i> <i>Cold Alt: Turkey on WW Roll</i> 	15 Pizza Bagel ½ c Broccoli ½ c Mixed Vegetables <i>Hot Alt: Cheeseburger/Bun</i> <i>Cold Alt: Yogurt & Cheese</i>	16 HALF-DAY FOR STAFF DEVELOPMENT EARLY DISMISSAL • Secondary schools: 10:30 a.m. • Elementary schools: 11:30 a.m.	17 
20  Schools Closed	21 All Beef Hot Dog WW Bun ½ cup Baked Beans ½ c Sweet Potatoes Fries <i>Hot Alt: 3x5 Pizza</i> <i>Cold Alt: Ham & Cheese /WW</i>	22 Pizzeria Style Cheese Pizza 1 cup Romaine Salad ½ cup Carrots <i>Hot Alt: Chicken /Bun</i> <i>Cold Alt: Turkey on WW Roll</i>	23 Hamburger/Cheeseburger on WW Bun 1 cup Romaine Salad ½ c Oven Fries <i>Hot Alt: 3x5 Pizza</i> <i>Cold Alt: Turkey on WW Roll</i>	24 Lasagna Roll-up with Meat Sauce & Garlic Bread ½ c Broccoli <i>Hot Alt: Meatball Hero</i> <i>Cold Alt: Yogurt & Cheese</i>
27 Chicken Nuggets/ WW Roll ½ c Sweet Potatoes Fries ½ c Corn <i>Hot Alt: Hamburger/Bun</i> <i>Cold Alt: Yogurt & Cheese</i>	28 Philly Cheese Steak WW Bun ½ c Broccoli ½ c Oven Fries <i>Hot Alt: 3x5 Pizza</i> <i>Cold Alt: Turkey on WW Roll</i>	We try to have all choices available to all students at all times. However, there may be occasions when choices are limited. Romaine & Salad Bar Offered Daily with all Lunches. This institution is an equal opportunity provider and employer. Menu Subject to Change		

Port Jervis City School District
February 2017
Port Jervis Middle School Menu

All Meals Include ½ cup Fresh or Canned Fruit and ½ pint of 1% Milk or Fat-Free Chocolate, Strawberry or Vanilla Milk
All Breads are Whole Grain

Breakfast Served Daily Breakfast Sandwich on Muffin or Roll Choice of Cereal with ½ Bagel, WW Bagel With ½ c. 100% Juice, ½ c. Fruit and 8 oz. Milk		1 Nacho Chips & Taco Meat Shredded Cheese. Romaine & Tomato ½ c Brown Rice ½ cup Black Beans Hot Alt: Hamburger/Bun Cold Alt: Turkey on WW Roll	2 Chicken Wrap Or Buffalo Wrap ½ c Oven Fries ½ cup Baked Beans Hot Alt: Grilled Cheese WW Cold Alt: Turkey on WW Roll 	3 Pizzeria Style Cheese Pizza 1 cup Romaine Salad ½ cup Carrots Hot Alt: Chicken /Bun Cold Alt: Ham & Cheese /WW
6 Hamburger or Cheeseburger WW Bun ½ c Oven Fries ½ cup Baked Beans Hot Alt: 3x5 Pizza Cold Alt: Tuna & Cheese Sand.	7 French Toast Sticks or Mini Pancakes/Sausage 1 cup Romaine Salad ½ c Oven Fries Hot Alt: Grilled Cheese WW Cold Alt: Ham & Cheese /WW	8 Chicken Nuggets/ WW Roll ½ c Sweet Potatoes Fries ½ c Broccoli Hot Alt: Hamburger/Bun Cold Alt: Turkey on WW Roll	9 Pizzeria Style Cheese Pizza or Pepperoni Pizza 1 cup Romaine Salad ½ cup Carrots Hot Alt: Hot Dog on Bun Cold Alt: Yogurt & Cheese	10 Chicken & Gravy Bowl (1/2 c Whipped Potato, ½ c Peas & Carrots) WW Biscuit Hot Alt: Grilled Cheese Cold Alt: Bologna & Cheese WW
13 Chicken Alfredo with Penne. WW Garlic Bread ½ cup Carrots ½ cup Green Beans Hot Alt: 3x5 Pizza Cold Alt: It Combo WW Hero	14 Nacho Chips & Taco Meat Shredded Cheese. Romaine & Tomato ½ c Brown Rice ½ c Broccoli Hot Alt: Hamburger/Bun Cold Alt: Turkey on WW Roll 	15 Italian Dunkers with ½ c Marinara Dip ½ cup Green Beans Hot Alt: Chicken /Bun Cold Alt: Ham & Cheese /WW	16 HALF-DAY FOR STAFF DEVELOPMENT EARLY DISMISSAL • Secondary schools: 10:30 a.m. • Elementary schools: 11:30 a.m.	17  Schools Closed
20  Schools Closed	21 Hamburger/Cheeseburger on WW Bun 1 cup Romaine Salad ½ c Oven Fries Hot Alt: 3x5 Pizza Cold Alt: Turkey on WW Roll	22 Pizzeria Style Cheese Pizza 1 cup Romaine Salad ½ cup Carrots Hot Alt: Chicken /Bun Cold Alt: Turkey on WW Roll	23 Chili Dog ½ c Baked Beans ½ c Oven Fries Hot Alt: Cheeseburger/Bun Cold Alt: Yogurt & Cheese	24 Chicken Parm. & Garlic Bread Spaghetti with Garlic & Oil ½ c Broccoli Hot Alt: Meatball Parm Hero Cold Alt: Yogurt & Cheese
27 Chicken Nuggets/ WW Roll ½ c Sweet Potatoes Fries ½ c Corn Hot Alt: Hamburger/Bun Cold Alt: Yogurt & Cheese	28 Philly Cheese Steak WW Bun ½ c Broccoli ½ c Oven Fries Hot Alt: 3x5 Pizza Cold Alt: Turkey on WW Roll	We try to have all choices available to all students at all times. However, there may be occasions when choices are limited. Romaine & Salad Bar Offered Daily with all Lunches. This institution is an equal opportunity provider and employer. Menu Subject to Change		

Port Jervis City School District
February 2017
Port Jervis High School Menu

All Meals Include 1 cup Fresh or Canned Fruit (2 Servings, ½ c each) and ½ pint of 1% Milk or Fat-Free Chocolate, Strawberry or Vanilla Milk. All Breads are Whole Grain

Breakfast Served Daily Breakfast Sandwich on Muffin or Roll Choice of Cereal with ½ Bagel, WW Bagel With ½ c. 100% Juice, ½ c. Fruit and 8 oz. Milk		1 Nacho Chips & Taco Meat Shredded Cheese. Romaine & Tomato ½ c Brown Rice ½ cup Black Beans <i>Hot Alt: Hamburger/Bun</i> <i>Cold Alt: Turkey on WW Roll</i>	2 Chicken Wrap Or Buffalo Wrap ½ c Oven Fries ½ cup Baked Beans <i>Hot Alt: Grilled Cheese WW</i> <i>Cold Alt: Turkey on WW Roll</i> 	3 Pizzeria Style Cheese Pizza 1 cup Romaine Salad ½ cup Carrots <i>Hot Alt: Chicken /Bun</i> <i>Cold Alt: Ham & Cheese /WW</i>
6 Hamburger or Cheeseburger WW Bun ½ c Oven Fries ½ cup Baked Beans <i>Hot Alt: Grilled Cheese WW</i> <i>Cold Alt: Tuna & Cheese Sand.</i>	7 Italian Dunkers with ½ c Marinara Dip ½ cup Green Beans <i>Hot Alt: French Toast Stick & Julienne Ham</i> <i>Cold Alt: Ham & Cheese /WW</i>	8 Chicken Nuggets/ WW Roll ½ c Sweet Potatoes Fries ½ c Broccoli <i>Hot Alt: Hamburger/Bun</i> <i>Cold Alt: Turkey on WW Roll</i>	9 Pizzeria Style Cheese Pizza or Pepperoni Pizza 1 cup Romaine Salad ½ cup Carrots <i>Hot Alt: Hot Dog on Bun</i> <i>Cold Alt: Yogurt & Cheese</i>	10 Chicken & Gravy Bowl (1/2 c Whipped Potato, ½ c Peas & Carrots) WW Bread <i>Hot Alt: Grilled Cheese</i> <i>Cold Alt: Bologna & Cheese WW</i>
13 Chicken Alfredo with Penne. WW Garlic Bread ½ cup Carrots ½ cup Green Beans <i>Hot Alt: 3x5 Pizza</i> <i>Cold Alt: It Combo WW Hero</i>	14 Nacho Chips & Taco Meat Shredded Cheese Romaine & Tomato ½ c Brown Rice ½ cup Black Beans <i>Hot Alt: Hamburger/Bun</i> <i>Cold Alt: Turkey on WW Roll</i> 	15 Pizza Bagel ½ c Broccoli ½ c Mixed Vegetables <i>Hot Alt: Cheeseburger/Bun</i> <i>Cold Alt: Yogurt & Cheese</i>	16 HALF-DAY FOR STAFF DEVELOPMENT EARLY DISMISSAL • Secondary schools: 10:30 a.m. • Elementary schools: 11:30 a.m.	17  <p style="text-align: center;">Schools Closed</p>
20  <p style="text-align: center;">Schools Closed</p>	21 All Beef Chili Hot Dog WW Bun ½ cup Baked Beans ½ c Sweet Potatoes Fries <i>Hot Alt: Chicken Quesadilla</i> <i>Cold Alt: Ham & Cheese /WW</i>	22 Pizzeria Style Cheese Pizza 1 cup Romaine Salad ½ cup Carrots <i>Hot Alt: Chicken /Bun</i> <i>Cold Alt: Turkey on WW Roll</i>	23 Hamburger/Cheeseburger on WW Bun 1 cup Romaine Salad ½ c Oven Fries <i>Hot Alt: Italian Dunkers</i> <i>Cold Alt: Turkey on WW Roll</i>	24 Lasagna Roll-up with Meat Sauce & Garlic Bread ½ c Broccoli <i>Hot Alt: Meatball Parm. Hero</i> <i>Cold Alt: Yogurt & Cheese</i>
27 Chicken Nuggets/ WW Roll ½ c Sweet Potatoes Fries ½ c Corn <i>Hot Alt: Hamburger/Bun</i> <i>Cold Alt: Yogurt & Cheese</i>	28 Philly Cheese Steak WW Bun ½ c Broccoli ½ c Oven Fries <i>Hot Alt: 3x5 Pizza</i> <i>Cold Alt: Turkey on WW Roll</i>	We try to have all choices available to all students at all times. However, there may be occasions when choices are limited. Romaine & Salad Bar Offered Daily with all Lunches. This institution is an equal opportunity provider and employer. Menu Subject to Change		