



Port Jervis City School District
January 2018
Elementary School Lunch Menu

Alternate Lunch Available Daily.
Dark Greens Side Salad Offered Daily
with Lunch.
Look in cafeteria for details.

Daily Breakfast Menu

Choice of WW Bagel or Breakfast Sandwich, Cereal Graham Crackers or Mini Pancakes **With** ½ cup 100% Juice, ½ cup Fruit, 8 oz. Milk

1 Happy New Year's Day Schools Closed	2 Chicken Nuggets/WW Bread BBQ Sauce Dip <i>Alt 1: Yogurt, Cheese & WW Roll</i> <i>Alt 2: Turkey & Cheese Hero</i> ½ cup Green Beans ½ c Sweet Potatoes	3 Hamburger/Cheeseburger WW Bun <i>Alt 1: Ham & Cheese Melt on WW</i> <i>Alt 2: Turkey & Cheese Hero</i> ½ cup Baked Beans ½ cup Green Beans	4 Cheese Pizza or Pepperoni Pizza <i>Alt 1: Hot Dog on WW Bun</i> <i>Alt 2: Turkey & Cheese Hero</i> 1 cup Romaine Salad ½ cup Carrots	5 Italian Dunker's ½ c Marinara Dip <i>Alt 1: Grilled Cheese Sand.</i> <i>Alt 2: It Combo WW Hero</i> ½ c Italian Mixed Vegetables
8 Chicken Patty /WW Bun <i>Alt 1: Yogurt, Cheese & WW Roll</i> <i>Alt 2: Turkey & Cheese Hero</i> ½ c Sweet Potato Fries ½ c. Baked Beans	9 French Toast Sticks or Pancakes with Sausage <i>Alt 1: Grilled Cheese on WW Bread</i> <i>Alt 2: Turkey & Cheese Hero</i> 1 c Romaine Salad, ½ c Puffs	10 Cheese Pizza or Pepperoni Pizza <i>Alt 1: Yogurt, Cheese & WW Roll</i> <i>Alt 2: Turkey & Cheese Hero</i> ½ cup Broccoli ½ cup Carrots	11 Breaded Mozzarella Sticks (4) ½ c Marinara Dip <i>Alt 1: Grilled Cheese Sand.</i> <i>Alt 2: It Combo WW Hero</i> ½ c Corn	12 Lasagna Roll-up, WW Fr. Bread <i>Alt 1: Hot Dog on WW Bun</i> <i>Alt 2: Tuna & Cheese on WW</i> ½ c Mixed Vegetable
15 Martin Luther King Jr. Day Schools Closed	16 Hamburger/Cheeseburger on WW Bun <i>Alt 1: Chicken Wrap WW Wrap</i> <i>Alt 2: Tuna Salad/WW Roll</i> ½ c. Oven Fries, ½ c. Broccoli	17 Cheese Pizza or Pepperoni Pizza <i>Alt 1: Yogurt, Cheese & WW Roll</i> <i>Alt 2: Turkey & Cheese Hero</i> ½ cup Broccoli ½ cup Carrots	18 Roast Chicken & Gravy <i>Alt 1: Chicken Wrap WW Wrap</i> <i>Alt 2: Tuna Salad/WW Roll</i> ½ c Whipped Potatoes, ½ c Yams	19 Chicken Taco (Soft WG Shell) Shredded Cheese, Romaine & Tomato , ½ c Brown Rice <i>Alt 1: Grilled Cheese Sand.</i> <i>Alt 2: It Combo WW Hero</i> ½ c. Black Beans
22 Italian Dunker's ½ c Marinara Dip <i>Alt 1: Grilled Cheese Sand.</i> <i>Alt 2: It Combo WW Hero</i> ½ c Broccoli	23 Chicken Patty WW Bun <i>Alt 1: Ham&Cheese Melt WW Bun</i> <i>Alt 2: Turkey & Cheese Hero</i> 1 cup Romaine Salad ½ c Sweet Potato Fries	24 French Toast Sticks/Syrup Breakfast Sausage Links <i>Alt 1: Yogurt, Cheese & WW Roll</i> <i>Alt 2: Turkey & Cheese Hero</i> ½ .c Potato Puffs ½ cup Orange or Apple Juice	25 Lasagna Roll-Up, WW Fr. Bread <i>Alt 1: Hot Dog on WW Bun</i> <i>Alt 2: Tuna & Cheese on WW</i> ½ c Carrots	26 Nacho Chips, & Taco Meat, Shredded Cheese, Romaine & Tomato , ½ c Brown Rice <i>Alt 1: Grilled Cheese on WW</i> <i>Alt 2: It Combo WW Hero</i> ½ c. Black Beans; ½ c Corn
29 French Toast Sticks/Syrup Breakfast Sausage Links <i>Alt 1: Yogurt, Cheese & WW Roll</i> <i>Alt 2: Turkey & Cheese Hero</i> ½ .c Potato Puffs ½ cup Orange or Apple Juice	30 Chicken Nuggets/WW Bread BBQ Sauce Dip <i>Alt 1: Yogurt, Cheese & WW Roll</i> <i>Alt 2: Turkey & Cheese Hero</i> ½ cup Green Beans ½ c Sweet Potatoes	31 Hamburger/Cheeseburger WW Bun <i>Alt 1: Ham & Cheese Melt on WW</i> <i>Alt 2: Turkey & Cheese Hero</i> ½ cup Baked Beans ½ cup Green Beans	<p>All Meals include ½ cup fruit, minimum of 1 ounce whole grain food and 8 ounces of milk either 1% or fat-free milk</p>	

This institution is an equal opportunity provider and employer

Menu Subject to Change



Port Jervis City School District
January 2018
Port Jervis Middle School Lunch Menu

**Alternate Lunch Available Daily,
 Assorted Deli Heroes, Chef Specials,
 Yogurt, Salad Bar Lunch
 Dark Greens Side Salad Offered Daily
 with Lunch.**
 Look in cafeteria for details.

Daily Breakfast Menu

Choice of WW Bagel or Breakfast Sandwich, Cereal Graham Crackers or Mini Pancakes **With** ½ cup 100% Juice, ½ cup Fruit, 8 oz. Milk

<p>1 Happy New Year's Day Schools Closed</p>	<p>2 Chicken Nuggets/WW Bread BBQ Sauce Dip ½ cup Green Beans ½ c Sweet Potatoes</p>	<p>3 Hamburger/Cheeseburger WW Bun ½ cup Baked Beans ½ c. Puffs</p>	<p>4 Cheese Pizza or Pepperoni Pizza 1 cup Romaine Salad ½ cup Carrots</p>	<p>5 Italian Dunker's ½ c Marinara Dip ½ c Italian Mixed Vegetables</p>
<p>8 Chicken Patty Parm /WW Roll ½ c Sweet Potato Fries ½ c. Baked Beans</p>	<p>9 French Toast Sticks or Pancakes with Sausage 1 c Romaine Salad, ½ c Puffs</p>	<p>10 Cheese Pizza or Pepperoni Pizza ½ cup Broccoli ½ cup Carrots</p>	<p>11 Breaded Mozzarella Sticks ½ c Marinara Dip ½ c Corn</p>	<p>12 Lasagna Roll-up, WW Fr. Bread Meatballs with Sauce ½ c Mixed Vegetable</p>
<p>15 Martin Luther King Jr. Day Schools Closed</p>	<p>16 Hamburger/Cheeseburger on WW Bun ½ c. Oven Fries, ½ c. Broccoli</p>	<p>17 Cheese Pizza or Pepperoni Pizza ½ cup Broccoli ½ cup Carrots</p>	<p>18 Roast Chicken & Gravy ½ c Whipped Potatoes, ½ c Yams</p>	<p>19 Chicken Taco (Soft WG Shell) Shredded Cheese, Romaine & Tomato , ½ c Brown Rice ½ c. Black Beans</p>
<p>22 Italian Dunker's ½ c Marinara Dip ½ c Broccoli</p>	<p>23 Chicken Patty WW Bun 1 cup Romaine Salad ½ c Sweet Potato Fries</p>	<p>24 French Toast Sticks/Syrup Breakfast Sausage Links ½ .c Potato Puffs ½ cup Orange or Apple Juice</p>	<p>25 Lasagna Roll-up with Marinara and Mozzarella Cheese WW Fr. Bread ½ c Carrots</p>	<p>26 Nacho Chips, & Taco Meat, Shredded Cheese, Romaine & Tomato , ½ c Brown Rice ½ c. Black Beans; ½ c Corn</p>
<p>29 French Toast Sticks/Syrup Breakfast Sausage Links ½ .c Potato Puffs ½ cup Orange or Apple Juice</p>	<p>30 Chicken Nuggets/WW Bread BBQ Sauce Dip ½ cup Green Beans ½ c Sweet Potatoes</p>	<p>31 Hamburger/Cheeseburger WW Bun ½ cup Baked Beans ½ c Oven Fries</p>	<p align="center">All Meals include ½ cup fruit, minimum of 1 ounce whole grain food and 8 ounces of milk either 1% or fat-free milk</p>	

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Menu Subject to Change



Port Jervis City School District
January 2018
Port Jervis Senior High School Lunch Menu

**Alternate Lunch Available Daily,
 Assorted Deli Heroes, Chef Specials,
 Yogurt, Pizza, Salad Bar Lunch
 Dark Greens Side Salad Offered Daily with
 Lunch.
 Look in cafeteria for details.**

Daily Breakfast Menu				
<i>Choice of</i> WW Bagel or Breakfast Sandwich, Cereal Graham Crackers or Mini Pancakes <i>With</i> ½ cup 100% Juice, ½ cup Fruit, 8 oz. Milk				
1 Happy New Year's Day Schools Closed	2 Chicken Nuggets/WW Bread BBQ Sauce Dip ½ cup Green Beans ½ c Sweet Potatoes	3 Hamburger/Cheeseburger WW Bun ½ cup Baked Beans ½ c. Puffs	4 Meatball Parmigiana Hero 1 cup Romaine Salad ½ cup Carrots	5 Italian Dunker's ½ c Marinara Dip ½ c Italian Mixed Vegetables
8 Chicken Patty Parm /WW Roll ½ c Sweet Potato Fries ½ c. Baked Beans	9 French Toast Sticks or Pancakes with Sausage 1 c Romaine Salad, ½ c Puffs	10 Buffalo Chicken Pizza or Pepperoni Pizza ½ cup Broccoli ½ cup Carrots	11 Breaded Mozzarella Sticks ½ c Marinara Dip ½ c Corn	12 Lasagna Roll-up, WW Fr. Bread Meatballs with Sauce ½ c Mixed Vegetable
15 Martin Luther King Jr. Day Schools Closed	16 Hamburger/Cheeseburger on WW Bun ½ c. Oven Fries, ½ c. Broccoli	17 Meatball Parmigiana Hero ½ cup Broccoli ½ cup Carrots	18 Roast Chicken & Gravy ½ c Whipped Potatoes, ½ c Yams	19 Chicken Taco (Soft WG Shell) Shredded Cheese. Romaine & Tomato , ½ c Brown Rice ½ c. Black Beans
22 Italian Dunker's ½ c Marinara Dip ½ c Broccoli	23 Chicken Patty WW Bun 1 cup Romaine Salad ½ c Sweet Potato Fries	24 French Toast Sticks/Syrup Breakfast Sausage Links ½ .c Potato Puffs ½ cup Orange or Apple Juice	25 Lasagna Roll-up with Marinara and Mozzarella Cheese WW Fr. Bread ½ c Carrots	26 Nacho Chips, & Taco Meat, Shredded Cheese, Romaine & Tomato , ½ c Brown Rice ½ c. Black Beans; ½ c Corn
29 French Toast Sticks/Syrup Breakfast Sausage Links ½ .c Potato Puffs ½ cup Orange or Apple Juice	30 Chicken Nuggets/WW Bread BBQ Sauce Dip ½ cup Green Beans ½ c Sweet Potatoes	31 Hamburger/Cheeseburger WW Bun ½ cup Baked Beans ½ c Oven Fries	All Meals include 2 servings of ½ cup fruit, minimum of 1 ounce whole grain food and 8 ounces of milk either 1% or fat-free milk	

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