

**Port Jervis School District Interval Health History Form For Sports Participants**

**TO BE COMPLETED BY A PARENT OR GUARDIAN**

Student: \_\_\_\_\_ Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Grade: \_\_\_\_\_ Date of Last Health Appraisal: \_\_\_\_\_  
Sport: \_\_\_\_\_ Level: (check): \_\_\_ Varsity \_\_\_ JV \_\_\_ Modified

**HEALTH HISTORY SINCE LAST HEALTH APPRAISAL:**

If the answer to any of the following questions is "YES", please explain below:

- |   |     |    |
|---|-----|----|
| 1. Any injuries requiring medical attention?                  | yes | no |
| 2. Any illness lasting more than 5 days?                      | yes | no |
| 3. Taking any medication or currently under a Dr.'s care?     | yes | no |
| 4. Fainting, dizziness or fatigue after exercise or exertion? | yes | no |
| 5. Change in wearing glasses or contact lenses?               | yes | no |
| 6. Any operations or broken bones?                            | yes | no |
| 7. Any treatment in the hospital or Emergency Department?     | yes | no |
| 8. Developed any new allergies?                               | yes | no |
| 9. Any chronic illness (i.e. asthma, diabetes, seizures)      | yes | no |
| 10. Need to wear any protective equipment?                    | yes | no |

If yes, please circle: knee-brace, hearing aid, mouth guard,  
sports goggles

Please describe & give dates for any of the above answered "YES":

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**PARENTAL PERMISSION:**

I, the undersigned, clearly understand these questions are asked in order to determine if my child can safely participate in the Port Jervis School District Athletic Program. The answers are correct and accurate to date. My child has my permission to participate.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**TO BE COMPLETED BY THE SCHOOL HEALTH OFFICE**

Sports Participation: \_\_\_\_\_ Approved \_\_\_\_\_ Referred to School Physician

Signed: \_\_\_\_\_ Date: \_\_\_\_\_  
School Health Office

If referred to the School Physician:

\_\_\_\_\_ Requalified \_\_\_\_\_ Disqualified

Signed: \_\_\_\_\_ Date: \_\_\_\_\_  
School Physician

*This form must be completed no earlier than 30 days before the sport begins unless a full medical exam has been done within 30 days of the start of the sports season.*

*Note: "YES" to any of the questions does not mean automatic disqualification from the athletic activity. However, it will require a review & approval by the school physician before the student can report to practice or try outs.*

**PARENT SIGNATURE REQUIRED ABOVE & ON THE OPPOSITE SIDE OF THIS FORM**